

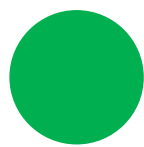


KAISER PERMANENTE BALDWIN PARK

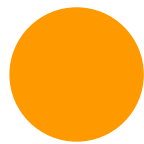
MOBILITY LEVEL TRAINING SAFE PATIENT HANDLING

Safety Magnets quickly identify the # of staff needed to safely handle a patient

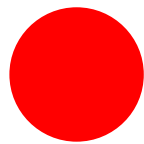
Safe Patient Handling is “Using the **Right Equipment** to assist moving patients **at all times.**”



Green Light – **GO** is 1-2 person assist



Orange Light- **Think** is 1-2 persons assist



Red Light – **Stop** is 2-3 OR More person assist

GO – Fairly Independent: at least 1-2 person assist



☐ Level 5

- Walks to nurses station (>50 ft.)

☐ Level 4

- Takes a few steps (<50 ft.)

THINK – Moderate Assist: at least 1-2 person



☐ Level 3

- Stands by bed

☐ Level 2

- Sits by bed

STOP – Maximum Assist: at least 2-3 person

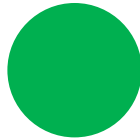


☐ Level 1

- **Bed Bound**
- **Over 200 lbs.**

Assessing the Level of Minimum Staff Assistance

Mobility Level 5 & 4:



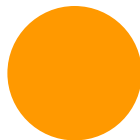
GREEN

Independent/ Supervision: Patient doing at least 75% of the work; ADLs = bathing, grooming, feeding. May use walker or cane.

Mobility Level 5: Able to Walk >50 ft – Can walk in hallways with supervision/minimal assistance.

Mobility Level 4: Able to Walk <50 ft – Can walk to doorway with supervision/minimal assistance.

Mobility Level 3 & 2:



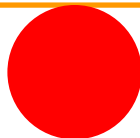
ORANGE

Minimum to Moderate Assist: Patient are able to sit or stand with partial assistance, requiring 1-2 nurse/lift tech supervision, also known as Mobility Level 2-3.

Mobility Level 3: Able to stand. Able to do a few side-steps with Supervision/Minimal Assistance (may use walker or cane).

Mobility Level 2: Able to sit at the edge of the bed with only Supervision/Minimal Assistance.

Mobility Level 1:



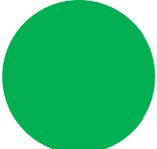

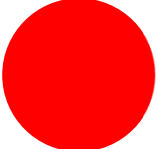
RED

Total to Maximum Assist: Patients are bedbound needing a 2-3 or more nurse/lift tech assist.

Mobility Level 1: You may see illness preventing Active Range of Motion or mobility is unsafe (unstable as determined by MD or RN).

Print: Last, First Name: _____
 Date: _____
 Unit: _____
 Score: _____

**Safe Patient Handling
 Mobility Level
 Competency**

		Level	
GREEN  Go Independent	5	Many steps; At least 1 person assist.	
	4	Few steps; At least 1-2 person assist	
ORANGE  Think MOD Assist	3	Stands at bed; At least 1-2 person assist.	
	2	Sits at bed; At least 1-2 person assist.	
RED  Stop MAX Assist	1	Bedbound or greater than 200lbs; At least 2-3 or more person assist.	

Use the grid above to answer questions 1-6 below. Tell how many persons are needed to assist.

- At least how many person(s) are needed for Level 4- 5? _____
 What color magnet is placed outside the door? _____
- Your patient is bedbound. What is the mobility level? _____
 What color magnet is placed outside the door? _____
- Your patient sits on the edge of the bed. What is the mobility level? _____
 What color magnet is placed outside the door? _____
- Your patient is able to stand at the edge of the bed. How many person(s), at least, are needed for safely handling this patient ? _____
 What color magnet is placed outside the door? _____
- Your patient is only able to walk 3-4 steps. How many persons are needed at least for safely handling this patient? _____
 What color magnet is placed outside the door? _____
- Your patient weighs 220 pounds and barely turns. How many persons are needed for safely handling this patient? _____
 What color magnet is placed outside the door? _____

I acknowledge that as a member of the Kaiser Permanente patient care team, I am responsible to know and practice within the policies of this organization.

Signature: _____ Date: _____